**Utah Mental Health Counselors Association**

**March 11, 2023**

**Board Meeting Minutes**

Start:  9:03 am

End:   10:17 am

**MEETING HELD BY WEBINAR DUE TO COVID-19**

·       Explanation of Board Meeting and Protocols by President

·       Welcome to ALL in attendance By Secretary

·       Welcome to those in attendance through Webinar

·       Recognition of Governing Officers and Members of the Board

·       Excused

**Governing Officers**

·       Anna Lieber, LCMHC, President

·       Ellen Behrens, LP, LCMHC, Ph.D., Vice President

·       Anne Farley, ACMHC, Secretary

·       Terri Goldstein, LCMHC, Treasurer

·       Gray Otis, LCMHC, Presidential Advisor

**Board members**

·       Ellen Behrens, LP, LCMHC, Ph.D., Vice President

·       Anne Farley, ACMHC, Secretary

·       Terri Goldstein, LCMHC, Treasurer

·       Anna Lieber, CMHC, President

·       Jim Macedone, ACMHC, Executive Director (non-voting)

·       Gray Otis, LCMHC, Ph.D., Presidential Advisor

* Bret Dorsett, LCMHC, LPPC Chair

·       Kristal James, LCMHC, Ph.D, EEAC Chair

1.    **Call to Order**

2.    **Recognize a Quorum**

3.    **Call to ratify the Minutes of the February 2023 Board Meeting, motion called and passed.**

4.    **Special Announcements by the President**

5.    Business of Governing Officers

1.    President

1. UMHCA's past president, Julie Tucker, LCMHC passed away on 2/27/23. She will be greatly missed and her contributions to UMHCA and the mental health profession are invaluable.
2. DOPL request for nominations to the CMHC and SUDC Boards. Due April, 3, 2023
3. The Utah Coalition of Mental Health Associations is moving forward and I should have bylaws ready for a vote before April's meeting.  A tentative date for the 2024 conference has been set in April. More information to come.
4. OPLR/UMHCA focus group was held on 03/03/23. Thank you to all who participated.
5. Jeff Shumway with OPLR is requesting specific academic literature related to public safety and industry outcomes for CMHCs. If you have such journal articles please email them to president@umhca.org and I will forward to OPLR.
6. I am hopefully presenting to DOPL on 3/15/23 to discuss supervisor certification/training.
7. UMHCA is now accepting nominations for a President-Elect. At this time we are accepting all nominations. Requirements are to be a fully Licensed Mental Health Counselor and reside in Utah.  If you would like to be considered email an Interest Letter, CV, and References to Jim Macedone at execdir@umhca.org

2.    Executive Director Report

1. Next email blast is going out and Jim is requesting an email with the legislative update (needed by Friday); Conference information will also be sent out in this blast.
2. DEI statement will be posted with the next email blast.
3. Next upcoming Brown Bag will feature Jessica Black, CMHC on April 12, 2023 from 12:00 to 1:00 pm.
4. Discussion was held around the possible partnership with TPN.health which offers continuing education courses that would be free to our members and to UMHCA. In addition, UMHCA can advertise our conferences through them, and they will manage our CE’s for us. They would take 15% off the top, TPN offers free partnerships at no cost with memberships. We could house our OnDemand, Brown Bags, and Conferences, and they would manage the credentialing and send out the CE certificates. Further discussion will be had in the executive committee.

3.    Presidential Advisor Report

1. See comments under the LLPC

4.    Vice President

1. We will be submitting the NASW and LMFT CEU’s application soon.

5.    Secretary - None

6.    Treasurer Report

1. [02\_2023 FINANCIAL REPORT.pd](https://umhca.org/resources/Documents/02_2023%20FINANCIAL%20REPORT.pdf)f
   1. Statement of Financial Position
   2. Statement of Activity (February 2023)
   3. Statement of Activity (Fiscal Year)
   4. Follow-up on categorizing "tagging" of expenses by committee
2. Banking Transition
   1. Accounts set-up at Mountain America Credit Union (MACU)
      1. Revenue stream from Wild Apricot via Affinipay is complete
      2. Zions Money Market account is closed and the funds were deposited in the MACU Money Market.
      3. $15,000 of Operating Account funds were deposited in the MACU Operating Account.
      4. Automatic payments and Bill-Pay have been set-up in MACU and stopped at Zion's Bank
   2. Expense/Reimbursement Policy/Protocol: First draft reviewed at EXEC and discussed resulting in changes and additions. Next draft to be reviewed at the next meeting of the EXEC

**Committee Business**

**1. Executive Committee (EXEC)**

1. New Projects
   1. Honoring Julie Tucker - discussion of ideas to honor Julie's legacy at our annual conference and moving forward. Her contribution to UMHCA and its organizational structure has been significant. Please email Anna with suggestions on how to honor her going forward.
   2. Bank Transition - moving from Zions to MACU
2. Update of Progress
   1. Will evaluate the DOPL complaint data after the annual conference.
3. Items for Vote
4. Budget Changes
5. Suggestions from Board

**2. Legislative & Public Policy Committee. (LPPC)**

1. New Projects
   1. We are in a financial position to consider getting a lobby, we need to be active throughout the year, and we should consider hiring a part time lobbyist.
   2. Training for members to learn how to interact with legislators to help promote the growth of this profession.
2. Update of Progress
   1. Discussed increasing efficacy to be able to be heard by legislators.
   2. H.B. 166 passed, Gray discussed the need to put out a letter to our members, or even to all those in this profession discussing two points including 1) the ethical responsibility of supervisors to not sign off on those individuals who just pass the test or accumulating 75 hrs and 2) even if you are licensed fully, you may not understand the ethical responsibilities or even the rules around things like Medicare reimbursement, or the counseling compact which may require more supervision.
   3. Discussed standards within the profession around counseling competently and ethically and the importance of practicing in excellence. The potential for harm increases with the passing of H.B. 166.
   4. Discussed the option of summary cards to help counselors understand the legislation on a basic level, to help them make sense out of these laws and policies. In addition, LPPC is looking to gain more information back from the members around what legislation they are looking to promote or address.
3. Items for Vote
4. Budget Changes
5. Suggestions from Board
   1. Recommended that Bret compile data on costs and information for hiring a lobbyist, which he will then present to the executive committee.

**3. Education & Conference Committee (EACC)**

1. New Projects
2. Update of Progress
   1. Conference scheduled May 11, 12, 2023 at UVU. Theme "Your Voice Matters"
   2. Ellen will notify the final presenters who applied.
   3. Jim has submitted for the DOPL list
3. Items for Vote
4. Budget Changes
5. Suggestions from Board

**4. Professional Partnership & Associate Partnership Committee (PPAC) (Hold)**

1. New Projects
2. Update of Progress
3. Items for Vote
4. Budget Changes
5. Suggestions from Board

**5. Public Relations, Marketing & Membership Committee (PRMM)**

1. New Projects
2. Update of Progress
   1. SWAG is being finalized
   2. Reaching out rural counselors to help them connect to UMHCA
   3. Promote those students who are part of the honors program
   4. $3800 for the video option of coverage for the conference
   5. Continuing to work on videos for the conference
3. Items for Vote
4. Budget Changes
5. Suggestions from Board

**6. Graduate Student & Emerging Professionals Committee (GSEP)**

1. New Projects
2. Update of Progress
   1. Exploring a student mingle with a session on Thursday before the official conference starts
   2. UMHCA honors is being worked on.
3. Items for Vote
4. Budget Changes
5. Suggestions from Board
6. **Other Business and Items for Discussion**
   1. Anna represented us at the AMHCA townhall and did a great job.
   2. AMHCA’s application for Best in State is due on May 31, please email Jim with items or feedback from committee’s with what you are working on, what you’ve accomplished, and any other items you wish to include.

**8.  Adjournment**

1. Motion called and passed to officially end the March 11, 2023 UMHCA at 10:17.

Rosanne Farley, ACMHC

Secretary

Utah Mental Health Counselors Association