

**Utah Mental Health Counselors Association**  
**July 09, 2022**  
**Board Meeting Minutes**

Start: 9:00 am  
End: 10:19 am

**MEETING HELD BY WEBINAR DUE TO COVID-19**

- Explanation of Board Meeting and Protocols by President
- Welcome to ALL in attendance By Secretary
  - - Welcome to those in attendance through Webinar
    - Recognition of Governing Officers and Members of the Board
    - Excused

**Governing Officers**

- Anna Lieber, LCMHC, President
- Ellen Behrens, LP, LCMHC, Ph.D., Vice President
- Anne Farley, ACMHC, Secretary
- Terri Goldstein, LCMHC, Treasurer
- Gray Otis, LCMHC, Presidential Advisor

**Board members**

- Ellen Behrens, LP, LCMHC, Ph.D., Vice President
- Anne Farley, ACMHC, Secretary
- Terri Goldstein, LCMHC, Treasurer
- Anna Lieber, CMHC, President
- Jim Macedone, ACMHC, Executive Director (non-voting)
- Gray Otis, LCMHC, Presidential Advisor
- Kristal James, Ph.D, EEAC Chair

1. **Call to Order**
2. **Recognize a Quorum-Quorum recognized**
3. **Call to ratify the Minutes of the June 11, 2022 Board Meeting-Minutes Recognized.**
4. **Special Announcements by the President**
  1. Congratulations to all UMHCA members & UMHCA Board Members for receiving AMHCA's award: Outstanding State Chapter for the 2nd time!
  2. Congratulations to Dr. Gray Otis, LCMHC for receiving AMHCA's Leadership Award.
5. **Business of Governing Officers**
  1. President
    1. Schedule Strategic Planning meeting. Be on the look-out for an email with doodle poll to schedule a date.
    2. Thank you to everyone who attending the AMHCA conference. I would like to open the floor for all who attended to share insights and lesson's learned that UMHCA can incorporate.

3. Comments were made indicating the conference being positive, showing the UMHCA board that we are doing a great job with our conferences especially with our focus on the customer experience.
4. The focus of mental health is integrative mental health care
5. Jim met with Whitney Meyerhoffer to discuss state chapters have a presence and connection on the AMHCA website.
6. Gray suggested that someone from UMHCA run for western region director in spring 2023.
2. Executive Director Report
3. Presidential Advisor Report
  1. BHWW update- meeting coming up. Gray share the interest of Senator Kennedy (UT) to assisted more with legislative approaches
  2. Bullying: Gray would like UMHCA to be begin proactive influence related bullying and other issues.
  3. Gray also discussed continuing education requirements related to addiction/substance abuse as only counselors receive formal training.
  4. Gray recommends sharing the Counselor Declaration at UMHCA conference.
4. Vice President – No report
5. Secretary – No report
6. Treasurer Report
  1. Account Balances: Total: 31,315.28
    1. Zions Checking: \$28,978.35
    2. Zions Money Market: \$2,124.12
    3. PayPal: 212.81
  2. Monthly & YTD Report : [07-22 board report.pdf](#)
  3. Follow-up: Bookkeeping Services have been moved to Affordable Tax & Accounting,
  4. Budget FY 22-23: Terri will develop committee budgets and submit to committee chairs to follow through on finalize for board vote.

## 1. Committee Business

### 1. Executive Committee (EXEC)

1. New Projects
  1. To address the MH workforce shortage, recommendation to open up UMHCA's job boards to all active members until December 31, 2022. Discussion & motion.
  2. Kristal made a motion, which Jim restated, which Anna restated to remove the fees for the job board for a period of six months or until the end of the year for a period of six month suggested we go forward and Jim recommended at least six month.
2. Update of Progress
3. Items for Vote
4. Budget Changes
5. Suggestions from Board

### 2. Legislative & Public Policy Committee. (LPPC)

1. New Projects - Seeking chair for LPPC committee
  1. Welcome Kristi E. as LPPC's newest committee member.

2. Scheduling a committee meeting for July 2022 to develop email blast and priorities for session
2. Update of Progress
3. Items for Vote
4. Budget Changes
5. Suggestions from Board

### **3. Education & Conference Committee (EACC)**

1. New Projects
  1. Ellen reports she has someone to teach the suicide portion for the fall conference. She and Jim are ramping up the EACC
  2. Reminder that fall conference is dedicated to CEUs required for licensure. September 16 is the target date in order to make available before licensure deadlines.
  3. Next supervision course is 9/2 at the Sheraton. NASW will be planning the event. Course will be updated based on
  4. Ellen also discussed 90% alignment in the ethics codes between major mental health professions and there needs to be a bridge between the ethics codes
2. Update of Progress
3. Items for vote
4. Budget Changes
5. Suggestions from Board

### **4. Professional Partnership & Associate Partnership Committee (PPAC) (Hold)**

1. New Projects - Great opportunity for UMHCA- looking for a chair
2. Update of Progress
3. Items for Vote
4. Budget Changes
5. Suggestions from Board

### **5. Public Relations, Marketing & Membership Committee (PRMM)**

1. New Projects
  1. The start for marketing for the fall conference. Jim has searching for a venue, and expects 250 people
  2. Jim shared the open rate for UMHCA emails is 30-50%, well above the average 10%
2. Update of Progress
3. Items for Vote
4. Budget Changes
5. Suggestions from Board

### **6. Graduate Student & Emerging Professionals Committee (GSEP)**

1. New Projects
  1. Kristal reports she has one student that is interested in joining the ECCS committee. Kristal will connect him with Jim.
  2. Another student, Douglas, who has some ideas to do a podcast. Kristal stated that is a student has an idea they have to run with. However, UMHCA must approve the content. Discussed Kristal and her committee creating an outline/framework and bringing it to the EXEC.

3. Gray mentioned a monthly news cast to make available
4. Kristal states she has made contact with at least one point of contact at all the universities. Kristal has met with all the programs and is learning what they need to help develop counselor identity, etc.
5. Kristal recruited members of the board for an event prior a student graduation
2. Update of Progress
3. Items for Vote
4. Budget Changes
5. Suggestions from Board

## **7. Other Business and Items for Discussion**

1. Ellen called on Gray to share about the BHWW, what is its role and who constitutes it. Behavioral Healthcare Workforce was formed out of USAVE- Utah Substance Abuse, which reports to governor. Liz Giltch is the staff coordinator. Chair is Santiago Cortez. Initially formed to provide a ladder for substance abuse counselors. Future discussions will include creating a master level degree for Substance Use Disorders

## **8. Adjournment 10:19 am**

Rosanne Farley, ACMHC  
Secretary  
Utah Mental Health Counselors Association