**Utah Mental Health Counselors Association**

**October 8, 2022**

**Board Meeting Minutes**

Start: 9:05 am

End:   10:16 am

**MEETING HELD BY WEBINAR DUE TO COVID-19**

* Explanation of Board Meeting and Protocols by President
* Welcome to ALL in attendance By Secretary
  + Welcome to those in attendance through Webinar
  + Recognition of Governing Officers and Members of the Board
  + Excused

**Governing Officers**

* Anna Lieber, LCMHC, President
* Ellen Behrens, LP, LCMHC, Ph.D., Vice President
* Anne Farley, ACMHC, Secretary
* Terri Goldstein, LCMHC, Treasurer
* Gray Otis, LCMHC, Presidential Advisor

**Board members**

* Ellen Behrens, LP, LCMHC, Ph.D., Vice President
* Anne Farley, ACMHC, Secretary
* Terri Goldstein, LCMHC, Treasurer
* Anna Lieber, CMHC, President
* Jim Macedone, ACMHC, Executive Director (non-voting)
* Gray Otis, LCMHC, Ph.D., Presidential Advisor
* Kristal James, LCMHC, Ph.D, EEAC Chair

1. **Call to Order**
2. **Recognize a Quorum**
3. **Call to ratify the Minutes of the September 2022 Board Meeting, vote called and passed.**
4. **Special Announcements by the President**
   1. Welcome
5. Business of Governing Officers
   1. President
      1. Tri-Therapy Summit Meeting was held on 09/16/2022.,
         1. Renamed to the Utah Coalition of Mental Health Associations (or Professions). Currently working on creating an Association of Associations and bylaws. Prior to any final action taken, a full presentation will be made to the UMHCA board for a vote.
         2. Working jointly on letter of support for adding supervision qualifications (education) for LCSWs & LCMHCs. It would include educational requirements.
         3. Planning a Tri-Therapy Summit for April 2024, already have some potential sponsors and plans to bring in a nationally recognized keynote speaker.
         4. Next Meeting 10/21/2022 for the Tri-Therapy Summit Meeting.
      2. Counseling Compact update: Currently 17 states have adopted the Compact with current pending legislation in Wyoming. <https://counselingcompact.org/map/>
   2. Executive Director Report
      1. We have two brown bags coming up, the next one will be the NCMHCE that will be presented by Dr. Hutchinson. That will be at the end of this month. The second one will be on Nov 10 and discuss the counseling compact.
      2. Continuing to work on securing the Sheraton for the Annual Conference and the Fall Conference will more than likely be held at the Library. Suggestion was made to look at the Cultural Center.
   3. Presidential Advisor Report:
   4. Vice President
   5. Secretary
   6. Treasurer Report
      1. Account Balances:
         1. Zions Checking: $37,389.52
         2. Zions Money Market: $7,125.04
         3. PayPal: $228.71
      2. [Statement of Financial Position](https://umhca.org/resources/Documents/20220930%20StatementofFinancialPosition%20(9)%20(2).pdf)
      3. [Statement of Activity Detail Month End 09/30/2022](https://umhca.org/resources/Documents/20220930%20StatementofActivity%20(10-7-22)%20(2).pdf)
      4. [Statement of Activity: Fiscal Year to Date 09/30/2022](https://umhca.org/resources/Documents/20220930%20StatementofActivity-Fiscal%20(10-7-22)%20(2).pdf)
      5. Zions agreed to accommodate our request concerning our anniversary date and will be completing this in November.
      6. Clarifications of expenses was discussed.
      7. Request for Jim to call Wild Apricot and give permission for Terri to manage and discuss financials.
6. **Committee Business**

**1. Executive Committee (EXEC)**

1. New Projects
   1. Strategic Plan was held on 09/10/2022. [Minutes Annual Strategic Planning Meeting 2022-2023.pdf](https://umhca.org/resources/Documents/Minutes%20Annual%20Strategic%20Planning%20Meeting%202022-2023.pdf) with multiple points of discussion reviewed around the proposed changes.
   2. Identified Strategic Goals for 2022/2023
      * Update all Bylaws
      * Update Board of Directors Manual
      * Increase collaboration/relationships with the DOPL board and invite a representative to the UMHCA meetings
      * Increase CE offerings to include a wider range of topics (child therapy/play therapy)
      * Connect with the Salt Lake VA to encourage hiring of mental health counselors – send a delegation?
      * Focus on professional identity development and understanding
      * Qualified Clinical Supervisor Certification as part of UT legislative initiatives
      * Have a voice in the development of the Counseling Compact
      * Expand membership access across the state
      * Maintain participation in the Utah Coalition of Mental Health Professionals
2. Update of Progress
   1. Connected with DOPL Bureau Manager and MHC Board regarding Counseling Compact Commission and sent [Counseling Compact Letter to DOPL.pdf](https://umhca.org/resources/Documents/Counseling%20Compact%20Letter%20to%20DOPL.pdf)
   2. Jana Johansen - Bureau Manager is UT's representative to the Counseling Compact Commission.
   3. Continue to work on correcting/updating bylaws.
3. Items for Vote
   1. A motion was called and passed to: Restructure the Board of Directors to eliminate the Vice President Position effective 06/30/2023.
   2. A motion has been called and passed to change the term of President to 1 year (3-year commitment)
   3. A motion has been called and passed to change the term of President to match the Fiscal year July 1st to June 30th.
   4. A motion has been called and passed to agree to an extension of the current President until June 30, 2023 to allow time for a President-Elect to be voted in and trained and to align with the fiscal year
   5. A motion has been called and passed to change the Dual-Chair of committee’s position to a Chair and Vice Chair with the Vice Chair not having a vote.
   6. A motion was called to amend the previous motion to clarification to change the Dual-
   7. Chair positon of each committee to a chair and vice chair position with the chair having the vote and that the Vice-Chair can be held by a mental health graduate student. Motion was called and passed.
4. Budget Changes - none
5. Suggestions from Board - none

**2. Legislative & Public Policy Committee. (LPPC)**

1. New Projects (Committee meetings 09/23/22 & 10/06/22)
   1. Additional qualifications to be a clinical supervisor for LCSW & LCMHCs - 6-8 supervision CEs & possible UT law/rule review. Joint support with UMHCA, NASWUT, & UAMFT
   2. Requesting info from NBCC on NCE & NCMHCE passage rates with demographic info to address any disparities.
   3. Collaborating on response regarding DOPLs decision to amend current law to a decrease in supervised practice from 2 years to 18 months. This will be addressed with the BHWW. All professions have expressed concern with regards to our professional development and gate keeping.
   4. Legislative Session 2023 – Appropriation request for Universities, Loan Repayment Program, Minority and Underserved Populations (call for ideas and solutions), Bills Focus on Workforce, Review of Behavioral Health Professions, Social Work Compact, Conversion therapy for minors, reduction in testing standards
2. Update of Progress
   1. Brown Bag on Counseling Compact 11/10/22 - should we have no charge? A possible approach for Ethics CE’s and free of charge.
   2. First Counseling Compact Commission meetings scheduled for 10/25 & 10/26/22
   3. Mental Health Access Improvement Act (H.R. 432) – call for members to contact their representatives – draft letter for Utah’s representatives?
   4. Gray Otis continues to represent UMHCA at the BHWW, last meeting was held on 09/27/2022, next meeting is TBD, but likely in October.
3. Items for Vote  - none
4. Budget Changes - none
5. Suggestions from Board

**3. Education & Conference Committee (EACC)**

1. New Projects
   1. Scheduling an EACC Committee Meeting.
2. Update of Progress
3. Items for vote
4. Budget Changes
5. Suggestions from Board
   1. Suggestions to discuss topics for the upcoming conferences at the committee level and then coming to the board.
   2. Jim presented a template for the conferences, with a further suggestion to increase ethics

**4. Professional Partnership & Associate Partnership Committee (PPAC) (Hold)**

1. New Projects
2. Update of Progress
3. Items for Vote
4. Budget Changes
5. Suggestions from Board

**5. Public Relations, Marketing & Membership Committee (PRMM)**

1. New Projects
2. Update of Progress
   1. Upcoming meeting October 14, 2022 at 5:00 pm to continue working on our strategic goals.
3. Items for Vote
4. Budget Changes
5. Suggestions from Board

**6. Graduate Student & Emerging Professionals Committee (GSEP)**

1. New Projects
2. Update of Progress
   1. Meeting on Monday 10/10/2022, please reach out to Kristal James so she can send you a link to the meeting, you can reach her at Kristal.james@rm.edu.
   2. There is a meeting on Monday for Students and Friday for the University Professionals.
3. Items for Vote
4. Budget Changes
5. Suggestions from Board

**7. Other Business and Items for Discussion**

**8.  Adjournment**

**A motion was called and passed to officially end the UMHCA October 8, 2022 Monthly Meeting at 10:16.**

Rosanne Farley, ACMHC

Secretary

Utah Mental Health Counselors Association