**Utah Mental Health Counselors Association**

**February 11, 2023**

**Board Meeting Minutes**

Start:  9:03 am

End:   10:17 am

**MEETING HELD BY WEBINAR DUE TO COVID-19**

* Explanation of Board Meeting and Protocols by President
* Welcome to ALL in attendance By Secretary
  + Welcome to those in attendance through Webinar
  + Recognition of Governing Officers and Members of the Board
  + Excused

**Governing Officers**

* Anna Lieber, LCMHC, President
* Ellen Behrens, LP, LCMHC, Ph.D., Vice President
* Anne Farley, ACMHC, Secretary
* Terri Goldstein, LCMHC, Treasurer
* Gray Otis, LCMHC, Presidential Advisor

**Board members**

* Ellen Behrens, LP, LCMHC, Ph.D., Vice President
* Anne Farley, ACMHC, Secretary
* Terri Goldstein, LCMHC, Treasurer
* Anna Lieber, CMHC, President
* Jim Macedone, ACMHC, Executive Director (non-voting)
* Gray Otis, LCMHC, Ph.D., Presidential Advisor
* Kristal James, LCMHC, Ph.D, EEAC Chair

1. **Call to Order**
2. **Recognize a Quorum**
3. **Call to ratify the Minutes of the January 2023 Board Meeting, motion called and passed.**
4. **Special Announcements by the President**
   1. Welcome Spring!
   2. OPLR is conducting a Focus Group and has asked UMHCA to identify 5-10 of our members to attend. If you are interested, please email Anna at president@umhca.org with your interest, at what dates/times you are available on 2/21, 2/22, 2/23, 2/24, 2/27, 2/28, 3/1, 3/2, 3/3 in the afternoons.
      1. The Office of Professional Licensure Review (OPLR) is a new office in the Department of Commerce, tasked with providing recommendations to the legislature on how to improve and update occupational regulation. This year they are reviewing a variety of behavioral health care professions’ licensing requirements. As part of this review, they are conducting focus groups with members of each of the relevant industry associations.

The purpose of the focus groups is to help the OPLR research team learn more about the experiences of behavioral health care workers as they become licensed and practice in the state of Utah, in order to generate ideas for how to improve occupational regulation so that consumers have access to safe and competent care. If you participate, during the focus group you will be asked to share insights and ideas related to your own experience becoming licensed and working in the behavioral health care system in Utah. The focus groups are exploratory in nature, and will help the research team as they start to develop recommendations for the legislature. Participation is voluntary, and themes and comments from the focus groups will be anonymized.

1. Business of Governing Officers
   1. President
      1. The Utah Coalition of Mental Health Professionals met on 2/9/23. Bylaws near complete and will come to UMHCA for a board vote soon. Conference planning is moving ahead for April 2024. Continuing with monthly meetings.
         1. Working with UAMFT on their preparations for a survey of their members for OPLR
         2. Continuing to work with NASW-UT on supervision standards proposal to DOPL.
      2. Jeff Shumway with OPLR is requesting specific academic literature related to public safety and industry outcomes for CMHCs. If you have such journal articles please email them to president@umhca.org and I will forward to OPLR.
      3. UMHCA is now accepting nominations for a President-Elect. At this time we are accepting all nominations. Requirements are to be a fully Licensed Mental Health Counselor and reside in Utah.  If you would like to be considered email an Interest Letter, CV, and References to Jim Macedone at execdir@umhca.org
         1. Board discussion to post in an UMHCA blast?
   2. Executive Director Report
      * + 1. Annual conference is moving ahead with the theme and working on the video. Request for individuals with a dynamic presence, please email name and contact information to [execdir@umhca.org](mailto:execdir@umhca.org).
          2. Conference location is Utah Valley University in Orem on May 11 & 12th. Presentations requests are open, please send the name and email to [execdir@umhca.org](mailto:execdir@umhca.org).
   3. Presidential Advisor Report
      * + 1. AMHCA, Anna Lieber and Gray Otis are presenting on February 22, 2023, for anyone who is interested in learning more about the Counseling Compact. It is available to sign up for on the American Mental Health Counselor’ s Association’s website.
   4. Vice President
   5. Secretary
   6. Treasurer Report
      1. [2023\_02 Meeting Financials.pdf](https://umhca.org/resources/Documents/2023_02%20Meeting%20Financials.pdf)
      2. Zions Bank Update-Treasury Services; met with branch manager, Treasury Management is $35/month through Zions Bank, and we will be moving forward with this. Details will be discussed in the executive meeting.

The Board is open to exploring options and recommendations for who we bank with and will be discussed in the next Executive Board Meeting. If you do have a recommendation, please email [treasurer@umhca.org](mailto:treasurer@umhca.org).

**Committee Business**

**1. Executive Committee (EXEC)**

1. New Projects
   1. UMHCA has received the DOPL Complaint Investigation Data from DOPL. Exec team working on what to do with the information and reaching out to DOPL on clarification of what falls under the specific Complaint Types.
      * 1. This information will be useful in helping UMHCA to address ethical issues within the profession.
   2. Working on tightening up the procedure for reimbursement.
2. Update of Progress
   * 1. The diversity statement is being reviewed by the board members and feedback is requested, the goal is to get this out in the month of February.
     2. Continuing to work on By-Laws
3. Items for Vote - None
4. Budget Changes - None
5. Suggestions from Board- None

**2. Legislative & Public Policy Committee. (LPPC)**

1. New Projects
   1. Strategic Planning ongoing.
2. Update of Progress
   1. H.B. 166 - Mental Health Professional Licensing Public Comment needed at the Senate Health & Human Services Committee hearing on 2/14/23 at 8:00am https://le.utah.gov/~2023/agenda/SHHS0214.ag.htm
      1. UMHCA Position [UMHCA HB 166.pdf](https://umhca.org/resources/Documents/UMHCA%20HB%20166.pdf)
      2. Gray & Anna are meeting with Rep. Gricius on 2/13/23
   2. H.B. 159 Telehealth- has been improved and is now in line with current telehealth practices
   3. HB. 228 - Unprofessional Conduct (Conversion Therapy) has been improved and changes were made. Thank you Jessica Black who testified at that hearing.
   4. S.B. 35 - likely stalled due to fiscal impact
   5. S.B. 16 Transgender Medical Treatment and Procedures Amendments has been signed by Govenor Cox.
3. Items for Vote
   1. Nomination of Bret Dorsett, LCMHC to Chair LPPC, motion passed. Congratulations Bret.
4. Budget Changes - None
5. Suggestions from Board
   * 1. Discussed putting out an UMHCA blast with specific language of what to say to, but in bullet points, to go out to the membership about contacting their legislation as soon as possible.

**3. Education & Conference Committee (EACC)**

1. New Projects
   1. Call for presenters.
2. Update of Progress
   1. Conference scheduled May 11, 12, 2023 at UVU. Theme "Your Voice Matters"
   2. Interviews with board members for video.
   3. Collaboration with UAMFT (who has their conference on the same days/location)
      1. Student networking engagement with UAMFT?
3. Items for vote  - none
4. Budget Changes
5. Suggestions from Board
   1. Highlight events that are free to our members.

**4. Professional Partnership & Associate Partnership Committee (PPAC) (Hold)**

1. New Projects
2. Update of Progress
3. Items for Vote
4. Budget Changes
5. Suggestions from Board

**5. Public Relations, Marketing & Membership Committee (PRMM)**

1. New Projects
2. Update of Progress
   1. Swag is currently being reviewed
   2. Interviews and videos for Board Positions
   3. Heading down to Southern Utah to network
3. Items for Vote
4. Budget Changes
5. Suggestions from Board

**6. Graduate Student & Emerging Professionals Committee (GSEP)**

1. New Projects
2. Update of Progress
   1. Upcoming conference is progressing with a lot of excitement.
   2. Recognize the students who have earned the honor cords for graduation.
      1. The certificate needs to be updated to the current president’s signature.
3. Items for Vote
4. Budget Changes
5. Suggestions from Board

**7. Other Business and Items for Discussion**

**8.  Adjournment**