

Utah Mental Health Counselors Association
Board Meeting
May 8, 2021

Start: 9:15 AM
End: 10:26 AM

MEETING HELD BY WEBINAR DUE TO COVID-19

Agenda

- I. Call to Order by President
 - a. Welcome to ALL in attendance.
 - b. Recognition of ALL Governing Officers; PRESENT are underlined.
Anna Lieber, LCMHC, President
Julie Tucker, LCMHC, Immediate Past-President
Ellen Behrens, Ph.D., Vice President
Terri Goldstein, LCMHC, Acting Secretary/Treasurer
Gray Otis, LCMHC, Presidential Advisor
 - c. Board members PRESENT are underlined
 - i. Jordan Briggs, LCMHC, LPPC Chair
 - ii. Terri Goldstein, LCMHC, Acting Secretary/Treasurer
 - iii. Anna Lieber, CMHC, President
 - iv. Gray Otis, LCMHC, Presidential Advisor
 - v. Bryce Poorman, ACMHC
 - vi. Karen Tao
 - vii. Julie Tucker, LCMHC, Immediate Past President, PRMM Chair
 - viii. Sandi Williams, LMFT, PPAC Chair
 - d. Jim Macedone, AMHC, Executive Director is present.
 - e. List of Voting Members who are Absent: Ellen Behrens , Jordan Briggs, Bryce Poorman, Julie Tucker, Sandi Williams
- There is a Quorum**
- f. Welcome to those in attendance through Webinar: Matt Draper, and Michelle Inauen.
- II. Ratification of Minutes: Ratification of April meeting minutes was postponed until the June 2021 meeting.
- III. Meeting Called to Order: Special Announcements by the President
 - a. President, Anna Lieber will be presiding so that secretary/treasurer, Terri Goldstein can take the Minutes.
 - b. Anna informed attendees of the absence of numerous board members who are involved in graduation ceremonies.

- c. UMHCA is resuming hybrid board meetings effective today. This means that members may still attend virtually or come to the office to participate in-person.
- IV. Committee Updates & Votes
- a. Executive Committee (EXEC): Anna reported:
 - i. EXEC is working on UMHCA's 2020 Taxes
 - ii. New signers are on the bank account. Old signers have been removed.
 - iii. Old credit cards have been canceled.
 - b. Presidential Advisor: Gray reported on the AMHCA Clipper Plan, which includes two elements:
 - i. States will license fully-licensed people moving in with endorsement via the Counseling compact (reciprocity). If both states are a part of the compact the counselor can provide counseling in the client's destination state. This is a legislative operation. It will take 10 states to bring this to fruition. UMHCA and others are working with the BWVG to make this happen in UT. If Utah is one of the first ten to become part of the compact, the state will have a place on the governing council of the compact. There is already a nursing and a psychology compact in existence.
 - ii. May is Mental Health Awareness. The focus for UT is first responders
 - c. Legislative & Public Policy Committee. (LPPC): Jordan will attend the DOPL meeting and the BWVG meeting.
 - d. Education & Conference Committee (EACC): The committee is taking a break after the conference with Dr. Hollins. All agreed that the conference was excellent. Jim said that student attendance was way down compared to previous conferences and perhaps that was because of students reaching the threshold for Zoom. Preliminary estimated profit is three to four thousand dollars.
 - e. Professional Partnership & Associate Partnership Committee (PPAC): Gray provided an update for Sandi. Sandi met with the new Huntsman Mental Health Institute (UNI) and they have agreed to be a founding Business Partner in their new budget year, which is July. We do not know at which level they will come in.
 - f. Public Relations, Marketing & Membership Committee (PRMM): Jim provided updates on PR and Marketing activities including Mental Health Awareness Month. There is a search for a new PRMM chair and committee members. Jim also discussed a budget amendment which was tabled until the next board meeting. Jim also announced the plan to change to the two-year Wild Apricot payment plan which will save UMHCA about \$20 per month.
 - g. General Board & Advisory Board Committee (GBAB) – HOLD
 - h. Graduate Student & Emerging Professionals Committee (GSEP): Congratulations and thank you to Karen Tao who has accepted the chair position for the GSEP.. Karen will be on sabbatical this upcoming year. Her colleague, Jennifer Taylor, will stand-in when necessary. Karen said she intends to still participate in

meetings while on sabbatical. The proxy process was explained so Karen can ensure her vote counts if she is unable to attend a meeting. Karen shared that she did a new student orientation and they are excited about UMHCA.

V. Business of Governing Officers

- a. Anna reported that Terri is still working to gain access to the Quickbooks Online Account, and will then be the Master Administrator for the account. Care will be taken to ensure that proper record keeping is done, which will be in the hands of acting secretary, Terri Goldstein.
- b. President: Anna reported that she met with the presidents of UAMFT and UTNASW on 5/7/21 regarding an effort by Representative Dunnigan to eliminate all supervision requirements for AMFTs. Anna said that she and the presidents wrote a letter to Rep. Dunnigan advocating for 20 hours of supervision training and similar requirements for all disciplines to support cross supervision. UMHCA and NASW are working on a cross supervision course.
- c. Anna states she continues to focus on updating bylaws and strategic planning.
- d. Presidential Advisor Report: Reported above
- e. Vice President: No report
- f. Secretary: Terri reported that the awards for past presidents Julie Tucker and Paul Callister have been ordered and a second proof is pending.
- g. Treasurer Report: Terri reported that no financials were available for the meeting due to the transition of the treasurer. However, she intends to have full financials at the next board meeting.
- h. Executive Director: Jim reported on Mental Health Awareness Months and related social media efforts.

VI. Other Issues

VII. Open to floor for discussion:

- a. Matt mentioned the program for tuition reimbursement for people with a mental health degree. He stated this is a legislative operation available to graduates from a recognized field such as counseling who work for a state agency or an agency with an approved state contract. Karen shared a link to the provision.
- b. Matt Draper is over the UVU new MHC counselor education program at UVU. He shared that they have just received accreditation (from who) and have 53 student applications in progress. He also reported on staff and faculty recruitment, including a Clinical Practice Coordinator. He states that he hopes to have staff “on the ground,” before the students arrive.

VIII. Secretary to Close the meeting: Meeting adjourned at 10:26 AM