**Utah Mental Health Counselors Association**

**January 14, 2023**

**Board Meeting Minutes**

Start:  9:03 am

End:   10:11 am

**MEETING HELD BY WEBINAR DUE TO COVID-19**

* Explanation of Board Meeting and Protocols by President
* Welcome to ALL in attendance By Secretary
  + Welcome to those in attendance through Webinar
  + Recognition of Governing Officers and Members of the Board
  + Excused

**Governing Officers**

* Anna Lieber, LCMHC, President
* Ellen Behrens, LP, LCMHC, Ph.D., Vice President
* Anne Farley, ACMHC, Secretary
* Terri Goldstein, LCMHC, Treasurer
* Gray Otis, LCMHC, Presidential Advisor

**Board members**

* Ellen Behrens, LP, LCMHC, Ph.D., Vice President
* Anne Farley, ACMHC, Secretary
* Terri Goldstein, LCMHC, Treasurer
* Anna Lieber, CMHC, President
* Jim Macedone, ACMHC, Executive Director (non-voting)
* Gray Otis, LCMHC, Ph.D., Presidential Advisor
* Kristal James, LCMHC, Ph.D, EEAC Chair

1. **Call to Order**
2. **Recognize a Quorum**
3. **Call to ratify the Minutes of the November 2022 Board Meeting, Vote called and passed.**
4. **Special Announcements by the President**
   1. Happy New Year!
   2. Success! The Mental Health Access Improvement Act (S. 828/H.R> 432) was signed into law by President Biden on Dec. 29, 2022. This bill allows LCMHCs and LMFTs to practice under Medicare Part B. It will go into effect Jan 1, 2024. More info to come.
5. Business of Governing Officers
   1. President
      1. The Utah Coalition of Mental Health Professionals will meet sometime this month. We are continuing to plan for a joint conference in 2024.
      2. Jeff Shumway with OPLR is requesting specific academic literature related to public safety and industry outcomes for CMHCs. If you have such journal articles please email them to president@umhca.org and I will forward to OPLR.
   2. Executive Director Report
      1. The Spring Conference on May 11 and 12 at UVU, it will be an all day Thursday and Friday, and Sat. The Fall Conference will be at the Salt Lake Downtown Library in September. More details to come.
      2. The Conferences for 2024 are also being updated.
   3. Presidential Advisor Report
   4. Vice President
   5. Secretary
   6. Treasurer Report[1-2023 Mtg-12-31 Revised Financials.pdf](https://umhca.org/resources/Documents/1-2023%20Mtg-12-31%20Revised%20Financials.pdf)
      * + 1. Account Balances: Total: $39,680.96
          2. The Scam emails have resulted in some fraud, it was caught and calls were made to the bank.
          3. Zion’s bank has not followed through to move our anniversary date yet. Terri will follow up with them.
          4. Terri is asking for statements and financial information be forwarded to the treasurer@umhca.org.

**Committee Business**

**1. Executive Committee (EXEC)**

1. New Projects
2. Update of Progress
   1. OPLR requested information has been submitted:
      1. [UMHCA Survey Summary Dec. 2022.pdf](https://umhca.org/resources/Documents/UMHCA%20Survey%20Summary%20Dec.%202022.pdf)
      2. [Supervision in the Mental Health Professions Bibliography.pdf](https://umhca.org/resources/Documents/Supervision%20in%20the%20Mental%20Health%20Professions%20Bibliography.pdf)
      3. [UMHCA Focus Group Summary 12.29.2022.pdf](https://umhca.org/resources/Documents/UMHCA%20Focus%20Group%20Summary%2012.29.2022.pdf)
      4. [Unified Statement in support of the current Mental Health Professional Practice Act.pdf](https://umhca.org/resources/Documents/Unified%20Statement%20in%20support%20of%20the%20current%20Mental%20Health%20Professional%20Practice%20Act.pdf)
      5. [Unified Statement in support of qualified supervision standards.pdf](https://umhca.org/resources/Documents/Unified%20Statement%20in%20support%20of%20qualified%20supervision%20standards.pdf)
      6. [UMHCA Response to a Reduction in Supervised Practice Experience.pdf](https://umhca.org/resources/Documents/UMHCA%20Response%20to%20a%20Reduction%20in%20Supervised%20Practice%20Experience.pdf)
      7. [CMHC Declaration 2021.pdf](https://umhca.org/resources/Documents/CMHC%20Declaration%202021.pdf)
      8. [AMHCA Code of Ethics-2020.pdf](https://umhca.org/resources/Documents/AMHCA%20Code%20of%20Ethics-2020.pdf)
      9. A google drive with numerous relevant academic journal articles.
   2. UMHCA presented at the DOPL CMHC Board meeting on 01/11/2023. To express our opposition to the rule change to decrease supervised practice to less than 2 years and to proposed establishing supervision certification in order to supervise ACMHCs. See my statement below and the unified letter.
      1. [DOPL Board meeting 1.11.23.pdf](https://umhca.org/resources/Documents/DOPL%20Board%20meeting%201.11.23.pdf)
      2. [Unified Statement in support of qualified supervision standards.pdf](https://umhca.org/resources/Documents/Unified%20Statement%20in%20support%20of%20qualified%20supervision%20standards.pdf)
      3. The DOPL board and Bureau Manager were very receptive to considering supervisor certification. Anna L has emailed Jana Johansen and the Board Chair more details about our training program. NASW-UT has been contacted and we are awaiting a response.
   3. We are continuing to work on updating the by-laws.
3. Items for Vote - None
4. Budget Changes
5. Suggestions from Board

**2. Legislative & Public Policy Committee. (LPPC)**

1. New Projects
   1. Next committee meeting is 1/19/2023 at 6:00pm (virtual)
   2. We have two new members.
   3. Jessica Black will be completing the Brown Bag on Legislative Advocacy on 03/02/2023.
   4. LPPC has been attending the Compact Commission meetings, an interim rules chair has been set up, a discussion around funding (NBCC & ACA) and a budget was discussed. Six other states joined the counseling compact recently. They are working on a website for a resource for the counseling compact commission. The next scheduled meeting is 2/15/2023, which anyone can join to be put on their schedule for meetings.
2. Update of Progress
   1. BHWW meeting was held on 1/17/23. Updates are:
      1. Master of Addiction Counseling
      2. Higher Education Program Expansion
      3. 200+ bills received so far in the legislative session
      4. BHWW opposed 3 bills:
         1. H.B. 166 - removes restrictions on remote counseling, removes training hour timeframe for CSWs, MFTS, and CMHCs and decreases supervision # to 75 hours.
         2. H.B. 159 Exemption to allow telehealth services to be provided by any licensed professional in another state to any Utah citizen.
         3. S.B. 35 expands licensure by endorsement and certificate by endorsement for multiple professions including mental health professions.
      5. Dr. Otis is working with the BHWW on contacting legislators to express our concerns.
   2. The Mental Health crisis in Utah is a huge focus of the Utah legislative session. The governor’s office is working on a broach crisis system build out to cover all of Utah, especially expanding mobile crisis teams.
3. Items for Vote
   1. UMHCA vote to oppose: HB 166, HB 159, SB 35., H.B. 132, & SB 16, motion called, and passed.
4. Budget Changes
5. Suggestions from Board

**3. Education & Conference Committee (EACC)**

1. New Projects
2. Update of Progress
   1. Conferences are being planned for the next two years. For details, please refer to the Executive Director update.
3. Items for vote
4. Budget Changes
5. Suggestions from Board

**4. Professional Partnership & Associate Partnership Committee (PPAC) (Hold)**

1. New Projects
2. Update of Progress
3. Items for Vote
4. Budget Changes
5. Suggestions from Board

**5. Public Relations, Marketing & Membership Committee (PRMM)**

1. New Projects
2. Update of Progress
   1. PRMM committee has met and discussed the marketing for the upcoming conference.
   2. We are working on expanding our membership for the PRMM
   3. We are currently working on fostering connections throughout the State of Utah to reach out to clinical mental health counselors in all regions of Utah.
   4. Your Voice Matters as a theme, with a video being created around, “I have something to say.”
   5. SWAG discussions were held, same company and similar budget.
3. Items for Vote
4. Budget Changes
5. Suggestions from Board

**6. Graduate Student & Emerging Professionals Committee (GSEP)**

1. New Projects
2. Update of Progress
   1. Poster session is going out for the upcoming conference
   2. Revised how to acknowledge the honor graduate student at the conference
3. Items for Vote
4. Budget Changes
5. Suggestions from Board

**7. Other Business and Items for Discussion**

**8.  Adjournment**